

Sunday 20 September 2020

You can see God wherever you see love,
joy, peace, patience, kindness,
goodness, faithfulness, gentleness and
SELF CONTROL



Self Control is being able to control what we say, what we think and how we act.

Prayer:

God,
please help me to think
before I speak and act
so that I can be more like Jesus. Amen.

Read about Peter, a friend of Jesus.
Sometimes he acted out of control and
other times he used self control. Page 2

Sometimes Peter was out-of-control by what
he said and sometimes how he acted. In
the end, Peter was able to control himself
and live a life that pleased God.

When you're tempted you can
STOP, THINK, & PRAY
for God to help you obey Him.

Stop

Think

Pray

Giggle Game:

Take turns trying to make someone
laugh, even when they're trying not to.

Discussion point: Sometimes it's not
appropriate to laugh, but to be quiet,
respectful and self-controlled instead.

To play the giggle game, name one
person as "it." The other family
members can do anything they want to
make this person laugh, except touch
them.

After the person who is "it" laughs,
another person takes a turn being "it"
until all family members or players have
had a chance.

After the game, talk about self-control.
Explain that it is usually okay to laugh
in life, but there are times when we
shouldn't laugh. We should not laugh
when someone is hurt or sad, during
quiet time at school or church, or if they
are somewhere where they have been
asked to be quiet.

Can you think of some times in life
when we shouldn't laugh?

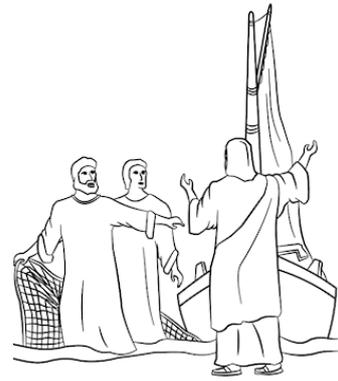
Playing is fun. But when Mum or Dad
say it is time to stop, it can be tempting
to continue.

Chasing around and being silly is fun,
but there is a time and a place for
silliness.

When is okay to be silly?
When is it not okay to be silly?

Was Peter out-of-control or using self-control?

Jesus first met Peter
"Follow me", he said.
Peter left everything behind
Even his comfy bed.

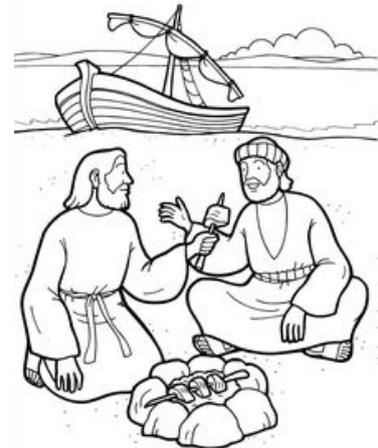


People thought it crazy
To follow Jesus round
Did Peter know what he'd be doing?
They thought he was unsound.

Peter and his friends
Were in a scary storm
Their boat was being tossed around
And they did not feel warm



Then Jesus appeared like a ghost
The water he walked across
Peter jumped outside the boat
And walked as the waves did toss.



The night before Jesus died
When the arresting guards came
Peter cut a soldier's ear
But then he felt ashamed

That same night Peter did
Something he never thought he'd do
He said he didn't know Jesus 3 times
Just as Jesus knew

Jesus died then was alive
He met Peter on the beach
He asked if he loved him 3 times
Then asked he cared for his sheep.

Peter had his ups and downs
But he went on to be
Someone who lived as Jesus asked
And spread his message across the sea

