

Sunday 6 September 2020

Gentleness

You can see God wherever you see love,
joy, peace, patience, kindness,
goodness, faithfulness, GENTLENESS and self
control

Prayer:

Lord, thank you for being a
gentle and loving God.
Teach me how to be a gentle
person and apply gentleness in
my everyday life.
I want to show gentleness in the
way I think and act. Amen.

Read

John 8:1-11 on page 2
I wonder what Jesus wrote on
the ground?

Trying to trap Jesus, religious
leaders brought him a woman
who was caught in sin. The law
said she should be stoned to
death. Jesus handled the
situation with gentleness, not
excusing the behaviour but
sending her accusers away and
treating her gently.

How can you show gentleness to
your family and friends with
words and actions?

Why might it be more helpful to
be gentle with others than sharp
and aggressive?

What might happen to us if we
try to be more gentle towards
others?

Happy Father's Day

Gentleness is a strong hand with a soft
touch. It is a tender, compassionate approach
toward others' weaknesses and limitations. A
gentle person still speaks truth, sometimes even
painful truth, but in doing so guards the tone so
the truth can be well received.

Gentleness is not weakness, being gentle doesn't
mean you are a wimp! Jesus was gentle and
always tried to help those around him.
Gentleness is sometimes more effective than
sheer strength. By using a gentle approach with
others, we can talk more easily about difficult
things.

Gentle words are God's bandages.

Proverbs 15:1

A gentle answer will calm a person's
anger. But an unkind answer will cause more an-
ger.

Proverbs 16:24

Pleasant words are like a honeycomb. They
make a person happy and healthy.

Philippians 4:5

Let all men see that you are gentle and kind.

True followers of Christ are distinguished by
gentleness.

To Do: Mix 2 cups of cornflour to one cup of water to make oobleck. (You can add a few drops of food colouring too) Pour it onto a tray or some plates. Then play with it. The slower and more gentle the play, the more liquid the mixture is and the easier it is to move fingers through it. Hard, sharp actions, such as slapping down on top of it will meet with solid resistance!

Prayer Time:

As you move your fingers slowly and gently through the oobleck, pray that God will help you to be more gentle towards others in words and actions in the coming week.

John 8:1-11

Jesus went to the Mount of Olives. ²But early in the morning he went back to the Temple. All the people came to Jesus, and he sat and taught them. ³The teachers of the law and the Pharisees brought a woman there. She had been caught in adultery. They forced the woman to stand before the people. ⁴They said to Jesus, "Teacher, this woman was caught having physical relations with a man who is not her husband. ⁵The law of Moses commands that we kill with stones every woman who does this. What do you say we should do?" ⁶They were asking this to trick Jesus so that they could have some charge against him.

But Jesus knelt down and started writing on the ground with his finger. ⁷They continued to ask Jesus their question. So he stood up and said, "Is there anyone here who has never sinned? The person without sin can throw the first stone at this woman." ⁸Then Jesus knelt down again and wrote on the ground.

⁹Those who heard Jesus began to leave one by one. The older men left first, and then the others. Jesus was left there alone with the woman. She was standing before him. ¹⁰Jesus stood up again and asked her, "Woman, all of those people have gone. Has no one judged you guilty?"

¹¹ She answered, "No one has judged me, sir."

Then Jesus said, "So I also don't judge you. You may go now, but don't sin again."

Rock Painting: Instead of throwing stones, why don't we decorate them?

Decorate a small rock with a bible verse or message (see below for examples).

You might like to then put them in your own garden. You may even like to leave them in a park for someone else to find. Pray to God that a person who really needs to know Jesus finds the rock.

