

Kindness Goodness

Sunday 30 August 2020

You can see God wherever you see love,
joy, peace, patience, **KINDNESS**,
GOODNESS, faithfulness, gentleness and
self control

Being kind is being friendly, loving, thoughtful and considerate. Kind people seek to help others. Kindness and kind deeds come from those who are good. When I am kind I really see others around me and look for opportunities to serve them like Jesus.

Being good is living how Jesus lived. It is believing that you are not better than anyone else. It is being honest. It is showing care and love for other people. Goodness boldly does what's right, and encourages others to do good as well.

God is working in you to help you want to do what pleases him. Then he gives you the power to do it. Philippians 2:13

To think about:

How do you think being good and kind can affect a situation where there is conflict? Read Luke 19:1-9 where Jesus befriends Zacchaeus.

When have you experienced an act of kindness?

How can our church show a kind and generous welcome?

What do you think you can do so that goodness and kindness come naturally?

When did you last recognise God in someone else?

*If you try to be kind and good,
you will be blessed with life and
goodness and honour.*

Proverbs 21:21

Prayer

Loving God,
help us to rejoice in your goodness and kindness and always be thankful for everything you do for us.
Help us to be glad to serve you and enjoy being your followers.
We want to be welcoming, good and kind.
Help us to play our part in building your kingdom now.

Amen.

There are lots of TV show that have judges – The Voice, Masterchef, MKR etc. They decides **what they think** is right or wrong, what is good or bad.

Have you ever had a speck of dirt in your eye? It hurts and you can't see until it is removed. But what if you had something larger than a speck of dirt in your eye? It would be very painful and blinding. Well, today's reading is about judging and specks in eyes.

Read Matthew 7:1-5 (see page 2)

We often can see faults in others and not see them in ourselves. It's easy to spot someone else when they are being selfish, proud, mean, unforgiving, or dishonest. It's harder to notice when we are acting that way. It often makes us feel superior to criticize others. Being good is not thinking we are better than others.

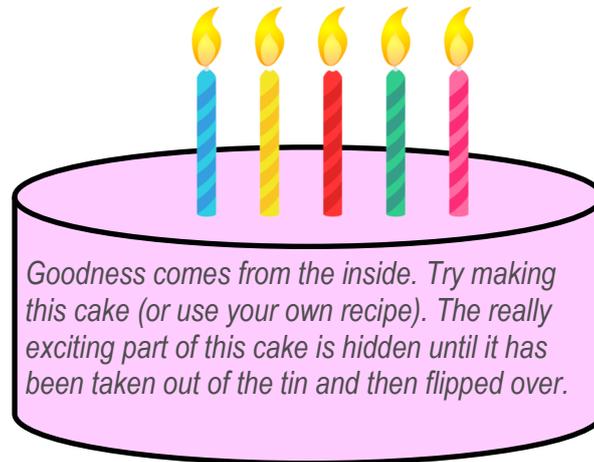
You do need to be careful when judging others - sometimes people need to be told what they are doing is wrong but it is the way it is said - use some kindness.

E.g. If someone was being mean to someone else, instead of saying "you are a really mean person", you might like to say, "you hurt people when you say those things, why do you want to do that?"

Matthew 7:1-5

"Do not judge, or you too will be judged. ² For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you.

³ "Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye? ⁴ How can you say to your brother, 'Let me take the speck out of your eye,' when all the time there is a plank in your own eye? ⁵ You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye.



Upside-down apple cake

Ingredients

200 g unsalted butter, chopped at room temperature
 $\frac{3}{4}$ cup brown sugar, firmly packed
2 tsp vanilla bean paste
2 tsp finely grated fresh lemon rind
3 eggs, at room temperature
 $\frac{1}{3}$ cup milk
1 $\frac{2}{3}$ cups self-raising flour
1 tsp ground cinnamon
double cream, to serve

Apple topping

50 g unsalted butter, melted
 $\frac{1}{2}$ cup brown sugar, firmly packed
2 large Granny Smith apples (160g each), peeled and cored



Method

1. Grease a 22cm round cake pan. Line base and side with baking paper, extending paper 2cm above pan edge.
2. Beat butter, sugar, vanilla and rind in a small bowl of an electric mixer until fluffy. Beat in eggs, one at a time, until combined. Transfer to a large bowl.
3. Stir in milk and combined sifted flour and cinnamon, in two batches, until combined.
4. To make apple topping, pour butter over base of pan. Sprinkle with sugar. Thinly slice apples. Arrange over base of prepared pan in a single layer, slightly overlapping.
5. Spoon buttercake mixture over apples. Smooth over top.
6. Cook in a moderately slow oven (160C) for about 50 to 55 minutes, or until a skewer inserted into the centre comes out clean. Stand in pan for 20 minutes. Invert onto a serving plate. Cool to room temperature.
7. Serve cake with double cream.